SENIOR DINING MENU - READSTOWN

Valley View Apartments, 520 North 4th Street, Readstown
Phone 608-637-5201
Serving Monday through Thursday @ 11:15 A.M.

September 2020

Tues, Sept 1— Lasagna, garlic breadstick, Caesar salad, roasted carrots, fruit cup, pumpkin bar.

Wed, Sept 2— Cherry glazed pork chop, wheat dinner roll, baked potato, baked beans, creamy cucumber salad, fruit pizza.

Thurs, Sept 3— Open faced turkey sandwich, mashed potatoes, squash, coleslaw, melon cup, chocolate chip bar.

Fri, Sept 4— Ground beef stroganoff, broccoli, cottage cheese, peaches, melon cup, cupcake.

Tues, Sept 8— Ham steak, wheat dinner roll, au gratin potatoes, peas & carrots, Jell-O w/ fruit, melon, cookie.

Wed, Sept 9— Spaghetti w/ meat sauce, garlic bread stick, mixed vegetables, Italian romaine salad, fruit cobbler.

Thurs, Sept 10— Chicken tenders, pasta salad, sweet potato fries, baked beans, melon, cook’s choice dessert.

Fri, Sept 11— Roasted turkey & gravy, wheat dinner roll, mashed potatoes, broccoli, 3 bean salad, banana pudding dessert.

Tues, Sept 15— Meatloaf, wheat dinner roll, chick-pea salad, boiled potatoes, peas, fruit crisp.

Wed, Sept 16— Parmesan crusted pork loin, wheat dinner roll, seasoned rice, arugula beet salad, fresh fruit, birthday cake.

Thurs, Sept 17— Open faced turkey sandwich, wheat dinner roll, mashed potatoes, roasted carrots, kale berry salad, melon cup, pudding pie.

Fri, Sept 18— Sloppy joe, potato salad, cowboy beans, Jell-O w/ fruit, melon cup, Rice Krispy treat.

Tues, Sept 22— Creamed turkey, wheat biscuit, squash, 7 layer spinach salad, melon, lemon bar.

Wed, Sept 23— Inside out stuffed peppers, 3 bean salad, beets, fruit cup, rhubarb cake.

Thurs, Sept 24— Grilled chicken sandwich, pasta salad, baked beans, melon cup, strawberry shortcake.

Fri, Sept 25— Salisbury steak, wheat dinner roll, mashed potatoes, green beans, broccoli cranisin salad, fruit pie.

Tues, Sept 29— Baked chicken, mandarin spinach salad, mashed sweet potatoes, Italian pasta salad, fruit cup, cream cheese bar.

Wed, Sept 30— Meatballs w/ gravy, wheat dinner roll, mashed potatoes, cowboy beans, Waldorf salad, melon cup, scotchie bar.