**SENIOR DINING MENU - COON VALLEY**

Coulee View Apartments, 98 Hiawatha Street, Coon Valley

Phone 608-637-5201

Serving Monday through Thursday @ 11:30 A.M.

**September 2020**

**Tues, Sept 1**— Roast beef, au gratin potatoes, beets, wheat bread, banana, brownie w/ powdered sugar.

**Wed, Sept 2**— Baked ziti, carrots sticks w/ dip, wheat bread, mandarin oranges, fruited yogurt parfait, fruit juice.

**Thurs, Sept 3**— Batter fried cod w/ tarter sauce, garlic herb potatoes, coleslaw, wheat bread, diced peaches, pie w/ topping.

**Mon, Sept 7**— **CLOSED**

**Tues, Sept 8**— Pulled pork on a bun w/ BBQ sauce, cheddar spudz, baked beans, apple slices, cookie.

**Wed, Sept 9**— Sliced turkey, herb stuffing w/ gravy, sliced beets, wheat bread, mandarin oranges, pumpkin bar.

**Thurs, Sept 10**— Salisbury steak, mashed potatoes w/ gravy, green beans, wheat bread, banana, pie w/ topping.

**Mon, Sept 14**— Swedish meatballs over egg noodles, carrots, wheat bread, banana, instant cheesecake w/ topping.

**Tues, Sept 15**— Cold cut sub sandwich, Italian pasta salad, 7-layer salad, diced peaches, cookie.

**Wed, Sept 16**— Goulash, side salad w/ dressing, wheat bread, cantaloupe, peanut butter swirl bar.

**Thurs, Sept 17**— Broiled cod w/ tarter, baked potato w/ butter & sour cream, 3 bean salad, dinner roll, mixed fruit, banana crème dessert.

**Mon, Sept 21**— Fried chicken, mashed potatoes w/ gravy, stewed tomatoes, wheat bread, banana, crème puff w/ caramel sauce.

**Tues, Sept 22**— Stuffed pepper casserole, refried beans, corn O’Brien, wheat bread, mandarin oranges, cookie.

**Wed, Sept 23**— Shepard’s pie, green beans, dinner roll, grapes, pineapple upside down cake, fruit juice.

**Thurs, Sept 24**— Beef tips & gravy over egg noodles, cooked carrots, dinner roll, pineapple tidbits, lemon lush cake.

**Mon, Sept 28**— Ring bologna, boiled potatoes, peas & carrots, wheat bread, applesauce, cookie.

**Tues, Sept 29**— Fried ravioli w/ marinara sauce, seasoned broccoli, dinner roll, diced pears, gelatin poke cake.

**Wed, Sept 30**— Herbed pork loin, sweet potato casserole, diced beets, wheat bread, mandarin oranges, Rice Krispy bar.