ADULT DAY SERVICES/RESPITE CARE/CAREGIVER SUPPORT

ADULT DAY SERVICES
Bethel Home and Services Care Cove: 620 South Garfield Avenue, Viroqua · 608-637-2171 or 608-637-6344
Milestone Senior Living: 504 Salisbury Circle, Hillsboro · 608-489-3932 · www.milestoneseniorliving.com
Vernon Area Rehabilitation Center (VARC) - Skill Enrichment Services: 1133 Nelson Parkway, Viroqua · 608-637-3934 · www.varcinc.com
MERIT Centre South Adult Day Care: 3900 East Ave. South La Crosse, WI 608-788-2900

RESPITE CARE
See supportive home care section for possible resources for in home respite.
See nursing home section for possible out of home respite.

CAREGIVER SUPPORT
Aging and Disability Resource Center of Vernon County: 402 Courthouse Square, Viroqua · 608-637-5201 or 1-888-637-1323 · www.vernoncounty.org
Alzheimer’s Association 24-Hour Helpline · 1-800-272-3900 · www.alz.org
Coulee Region RSVP: 2920 East Avenue South, Suite 104, La Crosse · 1-888-822-1295 or 608-785-0500 · www.rsvplax.org
Great Rivers 2-1-1: Dial 2-1-1 or 1-800-362-8255
National Family Caregiver Support Program: ADRC of Vernon County 608-637-5201
ResCare: 1425B State Road 16, Plaza 16, La Crosse · 608-779-0900 · www.rescare.com
VA Caregiver Support Line: 1-855-260-3274

ALZHEIMER/DEMENTIA/MEMORY CARE SERVICES

SERVICES
Alzheimer’s Association: 1523 Rose Street, La Crosse · 608-784-5011 · www.alz.org
24-Hour Helpline · 1-800-272-3900
Comfort Zone Program · 1-877-259-4850
Safe Return Program · 1-888-572-8566
Alzheimer’s Family Caregiver Support Program: Vernon County Department of Human Services 608-637-5210
Coulee Region RSVP: 2920 East Avenue South, Suite 104, La Crosse · 1-888-822-1295 or 608-785-0500 · www.rsvplax.org
Gundersen Health System, Memory Disorders Clinic: 1900 South Avenue, La Crosse · 608-775-2338 or 1-800-362-9567 · www.gundersenhealth.org
Mayo Clinic Health System - Dementia Care Program: 700 West Avenue South, La Crosse · 608-392-9505 or 1-800-362-5454 ext. 9505 · www.mayoclinic.org
Richland Area Geriatric Assessment Clinic: 1313 W. Seminary Street Richland Center, WI 608-647-6161
Richland Area Geriatric Assessment Clinic – Reedsburg: 2350 North Dewey Avenue Reedsburg, WI 608-647-6161
Vernon County Alzheimer’s Support Group - Bethel Home: 608-637-2171

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COMMUNITY BASED RESIDENTIAL FACILITIES (CBRF) WITH DEMENTIA CARE
Bethel Oaks-Memory Care Home: 620 South Garfield, Suite A, Viroqua · 608-637-2171
Creamery Creek: 1049 Chicago Avenue, Viroqua · 608-638-1600 · www.creamerycreekseniorliving.com
Milestone Senior Living: 504 Salisbury Circle, Hillsboro · 608-489-3932 · www.milestoneseniorliving.com
Old Times: 206 Polly Rude Way, Westby · 608-634-2737

NURSING HOMES WITH DEMENTIA CARE UNITS
Elroy Health Services: 307 Royal Avenue, Elroy · 608-462-8491 · www.elroyhealthservices.com

EMPLOYMENT ASSISTANCE
Aptiv: 3000 South Avenue, La Crosse · 608-784-9450 or 1-800-949-7380 · www.aptiv.org
Employment Partner: 322 East Jefferson Street, Viroqua · 608-606-1910
Experience Works: 319 Main Street, Suite 404, La Crosse · 1-888-207-2612 · www.experienceworks.org
Independent Living Resources (ILR): 4439 Mormon Coulee Road, La Crosse · 608-787-1111 or 1-888-474-5745 · TTY 608-787-1148 or 1-888-378-2198 · www.ilresources.org
Insite: 207 North Main Street, Viroqua · 608-424-2228 · www.insitetowork.com
Older Worker Program/WISE (Wisconsin Senior Employment): 402 North 8th Street, La Crosse · 608-789-5620 or 1-800-742-5627 · www.dhs.wisconsin.gov/wise/employment.htm
UMOS (National Farmworker Jobs Program): SW WI Tech. College Outreach Center 373 W. 6th St, Richland Center · 608-576-8070 or 608-445-6165 · www.umos.org
Vernon Area Rehabilitation Center (VARC): 1133 Nelson Parkway, Viroqua · 608-637-3934 · www.varcinc.com
Veterans Assistance Foundation: 608-269-0234 (Fort McCoy site) or 1-800-947-8387 (WisVets Hotline)
   · www.vafvets.org
Western Technical College: 220 South Main Street, Viroqua · 608-637-2612 · www.westerntc.edu
Wisconsin Division of Vocational Rehabilitation (DVR): 220 South Main Street, Room 120, Viroqua · 608-637-6872 or 1-800-523-2139 · dwd.wisconsin.gov/dvr
Wisconsin JOBNET: dwd.state.wi.us/jobnet/mapwi.htm
Wisconsin Unemployment Hotline · 1-800-UC-CLAIM
Worker’s Compensation – Wisconsin · 608-266-1340
Workforce Connections: 220 South Main Street, Viroqua · 608-637-6450 or 1-800-742-5627 · www.workforceconnections.org/vernon.html
Workforce Development · 608-266-3131 · dwd.wisconsin.gov

FINANCIAL RESOURCES

REPRESENTATIVE PAYEE SERVICES
Aptiv: 3000 South Avenue, La Crosse · 608-784-9450 or 1-800-949-7380 · www.aptiv.org
Catholic Charities: 413 3rd Street South, La Crosse · 608-782-0710 · www.cclse.org
Consumer Credit Counseling Service of La Crosse: 505 King Street, Suite 212, La Crosse · 608-784-8380 · www.cccsonline.org
Flocks Guardians, Inc.: 606 Cap St. Sparta, WI 54656 608-487-9356
GT Financial Services: 215 Broadus Street, Sturgis MI 49091 · 1-877-659-4500 · www.gtindependence.com
Legal Guardianship Services: 210 North Main Street, Viroqua · 608-637-2150
Payee Service Inc.: 390 Red Cedar St. #R Menomonie, WI 54751 715-233-0203
SWCAP: 194 North Main Street, Richland Center · 608-574-2808 · www.swcap.org

Updated 11/25/2019
OTHER FINANCIAL RESOURCES
Bethel Home and Services - Bethel Butikk: 341 Black River Avenue, Westby · 608-634-3473
Catholic Charities: 608-782-0710 or 1-888-212-4357 ext. 205 · www.cclse.org
Consumer Credit Counseling Service of La Crosse: 505 King Street, Suite 212, La Crosse · 608-784-8380 · www.cccconline.org
Couleecap: 201 Melby St. Westby, WI 608-634-3104
New Horizons Domestic Abuse Shelter: 608-791-2600 or 1-888-231-0066 · www.nhagainstabuse.org
Passages: 1-800-236-4325 24-hour crisis line or 608-647-6317 information
Salvation Army: 223 8th Street North, La Crosse · 608-782-6126 · www.salvationarmylacrosse.org
University of Wisconsin Extension: 318 Fairlane Drive, #392, Viroqua · 608-637-5276
USDA Rural Development: 138 South Iowa Street, Suite 2, Dodgeville · 608-935-2791 Ext. 4 · www.rd.usda.gov/wi
Wisconsin Housing and Economic Development Authority (WHEDA) Property Tax Deferral Loan Program: 1-800-755-7835

TELEPHONE ASSISTANCE
Lifeline - Contact your local telephone company or cell phone provider for eligibility requirements.
Safelink Wireless Cell Phone Program · 1-800-977-3768
Telecommunications Equipment Purchase and Assistance Plans · 608-231-3305

PUBLIC BENEFITS ASSISTANCE
Aging & Disability Resource Center of Vernon County: Banta Building, 402 Courthouse Square, Viroqua · 608-637-5201 or 1-888-637-1323 · www.vernoncounty.org
Disability Benefit Specialist: Works with those 17 and 3 months through age 59.
Elder Benefit Specialist: Works with those age 60 and above.
Independent Living Resources (ILR) - Benefits Counseling 4439 Mormon Coulee Road, La Crosse · 608-787-1111 or 1-888-474-5745 · TTY 608-787-1148 or 1-888-378-2198
149 East Mill Street, Richland Center · 608-647-8053 or 1-877-471-2095
Medicare · 1-800-633-4227
Social Security Administration: 210 7th Street South, Suite 100, La Crosse: 1-866-770-2345 (La Crosse Office) or 1-800-772-1213
State of Wisconsin Medigap Helpline · 1-800-242-1060
Vernon County Human Services - Wisconsin Home Energy Assistance Program: 318 Fairlane Drive, Suite 100, Viroqua · 608-637-5210
Vernon County Veterans Service Office: 402 Courthouse Square, Suite 100 · 608-637-5323
Western Region for Economic Assistance · 1-888-627-0430
Workforce Connections - W2 and Emergency Assistance: 220 South Main Street, Viroqua · 608-637-6450

FOOD RESOURCES/SENIOR MEAL SITES
FINANCIAL ASSISTANCE FOR FOOD
Western Region for Economic Assistance · 1-888-627-0430 · access.wi.gov
Senior Farmers Market Vouchers: Aging and Disability Resource Center of Vernon County 608-637-5201

Updated 11/25/2019
**FOOD PANTRIES**
Bethel Butikk Food Pantry and Thrift Store: 341 Black River Avenue, Westby · 608-634-3473
Cashton Cupboard and Closet: 1213 Front Street Cashton, WI 608-654-5770
Free Methodist Church: 214 South Cherry Street, La Farge · 608-625-4197
Good Samaritan Food Pantry and Thrift Store: 128 Mill Street, Hillsboro · 608-489-3627
Living Faith Church: 852 North Main Street, Viroqua · 608-637-7470
New Hope United Methodist Church: E2290 State Highway 82, De Soto · 608-648-2644 or 608-648-2002
St. Matthew’s Lutheran Church: 303 West Street, Stoddard · 608-457-2700
Second Harvest Foodbank: 608-223-9121 · www.secondharvestmadison.org
Viola United Methodist Church: 225 North Washington Street, Viola · 608-627-1910

**HOME DELIVERED MEALS**
Aging and Disability Resource Center of Vernon County: Senior Dining Program – Home Delivered Meals – serves ages 60+, 402 Courthouse Square, Viroqua · 608-637-5201 or 1-888-637-1323 · www.vernoncounty.org
Homestyle Direct · 1-866-735-0921 · www.homestyledirect.com
Mom’s Meals: 3210 SE 72nd Street, Ankeny, IA · 1-877-508-6667

**SENIOR NOON DINING CENTERS – WEEKDAYS**
Please call Aging and Disability Resource Center of Vernon County: 402 Courthouse Square, Viroqua · 608-637-5201 or 1-888-637-1323 for eligibility information and to reserve 24 hours in advance · www.vernoncounty.org

Bright Spot Restaurant: 118 Mill Park, De Soto
Kickapoo Haven: 106 Main Street, La Farge
Park View Manor: 200 Park View Court, Viroqua
St. Joseph Health Care: 400 Water Avenue, Hillsboro
Coulee View Apartments: 98 Hiawatha Street, Coon Valley
Valley View Apartments: 520 North 4th Street, Readstown
Westby Methodist Church: 202 East State Street, Westby

**HEARING AND VISUAL LOSS SERVICES**
Office for the Blind or Visually Impaired: 115 5th Avenue South Suite 506, La Crosse · 608-789-5663 or 1-888-879-0017
Office for the Deaf and Hard of Hearing · 715-836-2107 · TTY 1-888-701-1254
International Quality Home Care Corporation: 306 Main Street, Suite 4, La Crescent, MN · 507-895-2570 or 1-855-447-4762
Lions Affordable Hearing Aid Project: 715-677-4969 or 1-877-463-6953 · TTY 715-677-6999
Telecommunications Equipment Purchase and Assistance Plans TEPP: 608-231-3305
TTY 1-800-251-8345
Vision Forward: 1-877-258-9200
Wisconsin Council for the Blind and Visually Impaired: 1-800-783-5213 or 608-255-1166
Wisconsin Telecommunications Relay Systems (TRS) · dial 7-1-1
  TDD English 1-800-947-6644
  TDD Spanish 1-800-833-7813
  Customer Service TDD 1-800-283-9877
  Customer Service Voice 1-800-901-8389

Updated 11/25/2019
HOME CARE

HOME HEALTH/PERSONAL/SUPPORTIVE HOME CARE
Bethel Home and Services:  614 South Rock Avenue, Viroqua · 608-637-2171
Bethel Home Helping Hands-Foot Nail Care Clinic: First Monday of every month from 8-am-3pm by appointment.
   620 South Garfield Avenue, Viroqua · 608-637-2378
BrightStar Lifecare:  1052 Oak Forest Drive, Suite 240, Onalaska · 608-519-4324
CNS Home Health Care:  700 North 3rd Street, Suite 103, La Crosse · 608-783-3200
Comfort Keepers:  2951 South 21st Place, La Crosse · 608-784-3357 or 1-800-567-6274
Department of Veterans Affairs-Home Based Primary Care · 608-372-7734 or 1-800-872-8662 ext. 67734
Homeward Bound Home Health:  130 West Elm, Lancaster · 608-723-6601
International Quality Home Care Corporation:  306 Main Street, Suite 4, La Crescent, MN · 507-895-2570 or 1-855-447-4762
Marquardt At Home:  1045 Hill Street, Watertown, WI · 844-206-4930 · www.marquardtathome.org
Mayo Clinic Health System Franciscan Healthcare Home Care:  212 South 11th Street, La Crosse · 608-392-9790
   or 1-800-362-5454 · www.mayoclinic.org
Recover Health (formerly REM Health of Wisconsin):  700 North 3rd Street, La Crosse · 608-406-3140
ResCare (formerly Caregivers Home Health):  1425 - B State Highway 16, La Crosse · 608-779-0900 · www.rescare.com
Richland Hospital:  333 East Second Street, Richland Center · 608-647-6321
St. Joseph’s Community Health Services:  400 Water Street, Hillsboro · 608-489-8000
Vernon County Health Department – Hands-Foot Nail Care:  318 Fairlane Drive, Viroqua, WI 608-637-5251
Vernon Memorial Homecare:  507 South Main Street, Viroqua · 608-637-4362
Walgreen’s Infusion Therapy Services:  1435 North 113th Street, Wauwatosa · 1-888-256-7234

CHORES/ERRANDS/REPAIRS
Bethel Home Helping Hands Program:  614 South Rock, Viroqua · 608-637-2378
BrightStar Lifecare:  1052 Oak Forest Drive, Suite 240, Onalaska · 608-519-4324
Caring Hearts Homecare and Transportation:  W5942 Baker Road, Holmen · 608-317-3657
CNS Home Health Care:  700 North 3rd Street, Suite 103, La Crosse · 608-783-3200
Comfort Keepers:  2951 South 21st Place, La Crosse · 608-784-3357 or 1-800-567-6274
Home Instead Senior Care:  1333 Gillette Street, La Crosse · 608-782-4000 or 1-866-782-8840
Homeward Bound:  940 South Marquette Road, Prairie du Chien · 608-326-6883
International Quality Home Care Corporation:  306 Main Street, Suite 4, La Crescent, MN · 507-895-2570 or 1-855-447-4762
Recover Health:  700 3rd Street North, Suite 205, La Crosse · 608-406-3140
ResCare:  1802 State Highway 16, La Crosse · 608-779-0900 · www.rescare.com

HOSPICE
Vernon Memorial Hospice:  507 S. Main Street, Viroqua · 608-637-4362
Gundersen Health System Hospice:  1843 Sims Place, La Crosse · 608-775-8435 · www.gundersenhealth.org
Marquardt At Home:  1045 Hill Street, Watertown, WI · 844-206-4930 · www.marquardtathome.org
Mayo Clinic Health System Franciscan Healthcare Homecare and Hospice:  212 South 11th Street, La Crosse · 608-392-9790 or 1-800-362-5454 · www.mayoclinic.org
St. Croix Hospice:  1802 State Highway 16, Onalaska · 608-781-5490
St. Joseph’s Memorial Healthcare:  400 Water Street, Hillsboro · 608-489-8000

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*Contact Aging and Disability Resource Center of Vernon County for a more detailed rental directory · 1-608-637-5201 or 1-888-637-1323 · www.vernoncounty.org

**TEMPORARY/EMERGENCY HOUSING**

Catholic Charities Warming Center: 413 3rd Street S La Crosse, WI · 888-212-4357
New Horizons Domestic Abuse Shelter: 608-791-2600 or 1-800-231-0066 · www.nhagainstabuse.org
Passages for Domestic & Sexual Assault: 1001 Parkview Drive, Richland Center · 608-647-6317; 24-Hour Crisis Line · 608-647-3616
Salvation Army: 223 North 8th Street, La Crosse · 608-782-6126
Veterans Assistance Foundation: Fort McCoy · 608-269-0234 · WisVets Hotline: 1-800-947-8387
Veteran’s Homeless Hotline · 1-877-4AID-VET (1-877-424-3838)

**INDEPENDENT HOUSING**

Eligibility requirements such as age, disability and/or income limits may apply.

Bethel Home and Services Bethel Birchwood Independent Living Duplexes: (55+) 614 South Rock Avenue, Viroqua · 608-637-6340
Bethel Parkside: (62+ or disability) 315 West Adams Court, Lafarge · 608-637-6340
Bethel Village Apartments: (Accessible housing for mature adults) 904 Wall Street, Cashton · 608-637-6340
Bluffview Apartments: (62+ or disability) 112 Swain Street, Chaseburg · 608-483-2649
Hills Manor Apartments: (62+ or disability) 118 Madison Avenue, Hillsboro · 608-463-7696
Hometown Village Apartments: (62+ or disability) 315 North Gold Street, Lafarge · 608-326-2845
Horizon Management Group: (62+ or disability; income limits) · 1-800-944-4866
   Broadway Court Apartments: (62+ or disability) 312 West Broadway, Viroqua · 608-637-8425
   City Square Apartments: (62+ or disability) 824 Pine Street, Hillsboro · 608-489-3258
   Coulee View Apartments: (62+ or disability; income limits) 98 Hiawatha Street, Coon Valley · 608-637-6340 or 608-637-6323
   Hillcrest Manor: (62+ or disability) 406 Park Street, Ontario · 1-800-944-4866
Linton Village Apartments: (Moderate-income housing; no age requirement) 700 Linton Street, Viroqua · 608-637-8445
Nordic Village Apartments – Westby: (No age requirement) · 608-386-1524
Parkview Apartments: (62+ or disability) 739 Hill Avenue, Hillsboro · 608-463-7696
Ridgeview Commons: (62+ or disability) 240 Exchange Street, Viola · 608-647-2525
Terra View Apartments: (No age requirement; income limits) 305/311 Chase Street, Viroqua · 608-319-2127
Valley Apartments: (62+ or disability) 350 Elm Drive, Stoddard · 1-877-847-8924
Valley View Apartments: (62+ or disability) 520 North 4th Street, Readstown · 608-629-5099
Village of La Farge Housing: (60+ or disability; income limits) 105 West Main Street · 608-625-4422
Viroqua Housing Authority: (62+ or disability; income limits)
   Park View Manor: 200 Park View Court, Viroqua · 608-637-2626
Westby Housing Authority - Crestview Apartments: (62+ or disability) 503 South Main Street, Westby · 608-634-4810
   Halvorsen Apartments: (62+ or disability) 211 Milwaukee Street, Westby · 608-634-3868
Winneschek Manor: (Income limits) 225 Main Street, DeSoto · 1-608-784-1381

Updated 11/25/2019
ASSISTED LIVING FACILITIES

The type of Assisted Living Facility is based on how the facility is licensed:

Residential Care Apartment Complex (RCAC): Residence for adults that consists of independent apartments. Each apartment has own lockable entrance, kitchen with stove, private bathroom, sleeping, and living areas. Can provide an individual with up to 28 hours of assistance per week.

Community Based Residential Facilities (CBRF): Residence for 5 or more adults. CBRFs may provide either private or semi-private rooms that do not have a kitchen. They may or may not have a private bathroom in each room. CBRFs provide more care than RCACs.

Adult Family Home (AFH): Residence for 1 to 4 adults. May provide private or semi-private rooms that do not have a kitchen. May or may not have a private bathroom in each room. Provides similar services as CBRF.

RESIDENTIAL CARE APARTMENT COMPLEX (RCAC)
Bethel Home and Services - Maplewood Terrace: 620 South Garfield, Viroqua · 608-637-6344
Milestone Senior Living: 504 Salsbery Circle, Hillsboro · 608-489-3930 · www.milestoneseniorliving.com
Pleasant Valley Seniors Community: W466 County Road K, Stoddard · 608-787-6384

COMMUNITY BASED RESIDENTIAL FACILITIES (CBRF) – General
Bethel Home and Services
   Bethel Oaks 620 S. Garfield Ave. Suite A Viroqua, WI 54665  637-2171
   Bethel Parkside: 315 West Adams Court, La Farge · 608-625-2308
Creamery Creek: 1049 Chicago Avenue, Viroqua · 608-638-1600
Fair Haven: 601 Arena Drive, Viroqua · 608-637-8115
Milestone Senior Living: 504 Salsbery Circle, Hillsboro · 608-489-3932
Old Times: 206 Polly Rude Way, Westby · 608-634-2737
Sherry House: 440 East Center Street, Readstown · 608-386-5402
Vernon Area Rehabilitation Center
   The VARC House: 811 Rogers Street, Viroqua · 608-637-3934 · www.varcinc.com
Viola House: 509 South Wagoner Street, Viola · 608-386-5402

ADULT FAMILY HOMES (AFH): An AFH is defined as “a place where one to four adults receive care. For additional information regarding Adult Family Homes, contact the Aging and Disability Resource Center of Vernon County · 1-608-637-5201 or 1-888-637-1323 · www.vernoncounty.org
www.dhs.wisconsin.gov/guide/afh.htm State website-Choosing an Adult Family Home

NURSING HOMES
Bethel Home Nursing Home: 614 South Rock Avenue, Viroqua, 608-637-2171
Bethany St. Joseph Corporation · Norseland Nursing Home: 323 Black River Road, Westby · 608-634-3747
Elroy Health Services: 307 Royall Ave. Elroy, WI 608-462-8491
Soldiers Grove Health Services: 101 Sunshine Boulevard, Soldiers Grove · 608-624-5244
Vernon Manor: 310 Fairlane Dr, Viroqua · 608-637-5400

Updated 11/25/2019
**MEDICAL**

**CLINICS**

**Gundersen Health System** 1900 South Avenue, La Crosse · 608-782-7300 · www.gundersenhealth.org
- St. Joseph’s Health Services: 504 Water Avenue, Suite 100, Hillsboro · 608-489-8280
- Viroqua Clinic: 407 South Main Street, Viroqua · 608-637-3195

**Mayo Clinic Health System** · www.mayoclinic.org
- La Crosse Campus: 800 West Avenue South La Crosse · 608-782-9760
- Holmen Campus: 520 Amy Drive, Holmen · 608-526-3351
- Onalaska Campus: 191 Theater Road, Onalaska · 608-392-5000

**VA River Valley Integrated Health Center**
- Primary care (VA outpatient clinic) 2600 State Road, La Crosse · 608-784-3886
- Behavioral Health and Physical Therapy Services

**Vernon Memorial Hospital Clinics**
- Bland Medical Clinic: 100 Melby Street, Westby · 608-634-3126
- Hirsch Clinic: 407 South Main Street, Viroqua · 608-637-3174
- Kickapoo Valley Medical Clinic: 102 Sunset Avenue, Soldiers Grove · 608-624-5203
- La Farge Medical Clinic: 206 North Mill Street, La Farge · 608-625-2494
- Vernon Memorial Outpatient Clinic: 407 South Main Street, Viroqua · 608-637-4340

**HOSPITALS**

**Crossing Rivers Health**: 37868 US Highway 18, Prairie du Chien · 608-357-2000

**Gundersen Health System**: 1900 South Avenue, La Crosse · 608-782-7300 · www.gundersenhealth.org
- St. Joseph’s Health Services: 400 Water Avenue, Hillsboro · 608-489-8000
- Viroqua: 407 South Main Street, Viroqua · 608-637-3195

**Mayo Clinic Health System**: 700 West Avenue South, La Crosse · 608-785-0940 · www.mayoclinic.org

**Richland Hospital**: 333 East 2nd Street, Richland Center · 608-647-6321

**Southwest Health**: 1400 Eastside Rd. Platteville, WI 53818 608-348-2331

**Tomah VA Medical Center**: 500 East Veterans Street, Tomah · 608-372-3971

**UW Hospitals and Clinics**: 600 Highland Avenue, Madison · 608-263-6400 or 1-800-323-8942

**VA River Valley Integrated Health Center**
- Primary care (VA outpatient clinic) 2600 State Road, La Crosse · 608-784-3886
- Behavioral Health and Physical Therapy Services 1525 Losey Boulevard South, La Crosse · 608-787-6411

**Vernon Memorial Healthcare**: 507 South Main Street, Viroqua · 608-637-2101

**William S. Middleton Memorial Veterans Hospital**: 608-256-1901 or 1-888-478-8321

**MEDICAL REDUCED COST/FREE**

**Neighborhood Family Clinic**: 
- La Crosse Office: 1526 Rose Street, La Crosse · 608-781-9880
- Sparta Office: 128 South Water Street, Suite B, Sparta · 608-351-2820
- Viroqua Office: 1316 Bad Axe Court, Suite B, Viroqua · 608-518-3745

**Planned Parenthood**: La Crosse Health Center – 1201 Caledonia St, La Crosse · 1-800-657-5177

**St. Clare Health Mission**: 916 Ferry Street, La Crosse · 608-392-9546

Updated 11/25/2019
Scenic Bluffs Community Health Center
Healthy Neighbor Plan
  Cashton: 238 Front Street, Cashton · 608-654-5100
  Norwalk: 200 West North Street, Norwalk · 608-823-7853 (Medical services only)

Wisconsin Well Woman Program – LaCrosse County Health Department: 300 4th Street North LaCrosse, WI 608-785-5753

DENTAL REDUCED COST/FREE DENTAL
Affordable Dentures: 4850 Keystone Crossing, Eau Claire · 715-855-1020
  3434 55th Street NW, Suite 100, Rochester, MN · 507-529-9442
Marshfield Clinic – Black River Falls Dental Clinic: N6571 Lumberjack Guy Road, Black River Falls · 715-670-0400
Scenic Bluffs Community Health Center - Healthy Neighbor Plan: 238 Front Street, Cashton · 608-654-5100
Wisconsin Dental Association - Donated Dental Services: 1-866-812-9840

MEDICAL EQUIPMENT/SUPPLIES
American Home Patient: 1052 Forest Drive, Suite 160, Onalaska · 608-779-9900 or 1-800-947-2330
Apria Healthcare: W6853 Industrial Boulevard, Onalaska · 608-783-7668 or 1-800-285-9233
Boscobel Pharmacy Services: 1028 Wisconsin Avenue, Boscobel · 608-375-4466 or 1-800-872-3784
Community Home Medical Equipment: 130 Highway 14, Richland Center · 608-647-4963 or 1-800-848-5572
Family Medical Supply and CPAP Store: 705 State Street, La Crosse · 608-791-1100 or 1-855-791-1549
Lincare: 1010 19th Street South La Crosse · 608-791-0018
Mayo Clinic Health System Home Medical Equipment: 700 West Avenue, La Crosse · 608-392-9797 ·
  1212 Wells Street, Onalaska · 608-392-9798
  www.mayoclinic.org
Peterson Pharmacy: 727 Water Street, Hillsboro · 608-489-3141
Richland Family Prescription Center: 301 East 2nd Street, Richland Center · 608-647-6161
Solar Town Pharmacy: 104 Sunset Avenue, Soldiers Grove · 608-624-3344
Thrifty White Pharmacy: 190 Richland Square, Richland Center · 608-647-8539
USA Medical Suppliers: 1919 State Road, La Crosse · 608-782-1855
Vernon Memorial Healthcare: 507 South Main Street, Viroqua · 608-637-2101
Walgreen’s Infusion Therapy Services: 1435 North 113th Street, Wauwatosa · 1-888-256-7234

LOAN CLOSETS
Independent Living Resources (ILR): 4439 Mormon Coulee Road, La Crosse · 608-787-1111 or 1-888-474-5745 ·
  TTY 608-787-1148 or 1-888-378-2198 –Primarily Adaptive Equipment
Share Loan Closet at Vernon Memorial Hospital: 507 South Main Street, Viroqua · 608-637-4385

PERSONAL RESPONSE NON-EMERGENCY SERVICES
Comfort Keepers: 2951 South 21st Place, La Crosse · 608-784-3357 or 1-800-567-6274
Guardian Alert 911: Veterans Administration Medical Center, Tomah · 1-800-872-8662
Mayo Clinic Health System - HelpLink Medical Alert Service: 608-392-9797 or 1-800-362-5454 ext. 26300 ·
  www.mayoclinic.org
Philips Lifeline: 1-855-332-7799 www.lifeline.philips.com
St. Joseph’s Community Health Services - Careline: 400 Water Avenue, Hillsboro · 608-489-8000
Vernon Telephone Cooperative - Vernon Medlink: 103 North Main Street, Viroqua · 608-634-3136 or 1-800-543-2029

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MENTAL HEALTH/ADDICTION SERVICES

CRISIS INTERVENTION

211: Helpline Center
Alzheimer's Association Helpline: 1-800-272-3900
Great Rivers 2-1-1 · Dial 2-1-1 or 1-800-362-8255
Mayo Substance Abuse Crisis Line: 608-306-7981
Suicide Prevention Hopeline Texting: Text Hopeline to 741741
Vernon County HELPLINE · 608-637-7007
Veteran's Crisis/Suicide Prevention Hotline · 1-800-273-TALK (1-800-273-8255)
Wisconsin Addiction Recovery Helpline: 211 or 833-944-4673

MENTAL HEALTH SERVICES

Driftless Recovery Services: 444 Main Street, Suite 301, La Crosse · 608-519-5900
Family and Children's Center: 1321 Main Street, Viroqua · 608-637-7052
Great Rivers 2-1-1: Dial 2-1-1 or 1-800-362-8255
Gundersen Health System: 1900 South Avenue, La Crosse · 608-775-7991 · www.gundersenhealth.org
   Onalaska: 123 16th Avenue South, Onalaska · 608-775-2287
   Prairie du Chien: 610 East Taylor Street, Prairie du Chien · 608-326-3380
   St. Joseph: 400 Water Street, Hillsboro · 608-489-8280
   Sparta: 1111 West Wisconsin Street, Sparta · 608-269-1588
   Tomah: 601 North Superior Avenue, Suite 2, Tomah · 608-374-3853
   Viroqua: 407 South Main Street, Viroqua · 608-637-3195
Hirsch Clinic: 407 South Main Street, Viroqua · 608-637-3174
Ho-Chunk Nation Division of Health and Social Services: 27374 Highway 21 East, Tomah · 608-372-5202
Holistic Psychotherapist and Educator - Kailean Welsh: 304 South Main Street Viroqua · 608-638-0005
Independent Living Resources: 4439 Mormon Coulee Road, La Crosse · 608-787-1111 or 1-888-474-5745 · TTY 608-787-1148 or 1-888-378-2198
Mayo Clinic Health System Franciscan Healthcare Behavioral Health Services: 212 11th Street South, La Crosse · 608-392-9555 · www.mayoclinic.org
   Arcadia: 895 South Dettloff Drive, Arcadia · 608-323-3373
   Holmen: 1303 Main Street Couth, Holmen · 608-526-3351
   Onalaska: 191 Theater Road, Onalaska · 608-392-5000
   Prairie du Chien: 800 East Blackhawk Avenue, Prairie du Chien · 608-326-0808
   Sparta: 310 West Main Street, Sparta · 608-269-1770
   Tomah: 325 Butts Avenue, Tomah · 608-372-5951
Ocooch Counseling: 304 South Main Street, Viroqua · 608-638-0005
Paquette Center: 23295 Highway 14, Richland Center · 608-647-4705
Scenic Bluffs Community Health Centers - Behavioral Health Services: 238 Front Street, Cashton · 608-654-5100
Shay Rehabilitation & Psychological Services LLC: 110 N Main St, Suite F, Westby · 608-634-2365
ashayrps@gmail.com
Stein Counseling & Consulting Services: 571 Braund Street, Onalaska · 608-785-7000
Stonehouse Counseling: 414 S. East Ave. Viroqua, WI 608-637-7600
VA River Valley Integrated Health Center - Mental Health Clinic: 1525 Losey Boulevard, La Crosse · 608-787-6411
Vet Center: 20 Copeland Avenue, La Crosse · 608-782-4403
Viroqua Counseling & Health Center: 122 West South Street, Viroqua · 608-637-2511

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MENTAL HEALTH COMMUNITY BASED RESIDENTIAL FACILITIES (CBRF)

Bethel Oaks Memory Care Home: 620 South Garfield, Suite A · 608-637-2171
Creamery Creek: 1049 Chicago Avenue, Viroqua · 608-638-1600
Fair Haven: 601 Arena Drive, Viroqua · 608-637-8115
Lakeview Health Center and Assisted Living: 962 Garland St. E West Salem, WI 608-786-1400
Old Times: 206 Polly Rude Way, Westby · 608-634-2737
REM Wisconsin: 206 Shird Court, La Farge · 608-625-2453
Sherry House: 440 East Center Street, Readstown · 608-386-5402
Viola House: 509 South Wagoner Street, Viola · 608-386-5402

ADDITION TREATMENT RESOURCES

AMS (Addiction Medical Solutions) of Wisconsin: 9532 East 16 Frontage, Suite 100, Onalaska · 608-783-0506
Family and Children’s Center: 1321 North Main Street, Viroqua · 608-637-7052
Emergency 24-Hour Helpline: 608-637-7007
Fresh Start Recovery Program: 315 West Highland Street, #1, LaFarge · 608-632-9697 or 573-820-9453 · arniejohnson777@gmail.com
Gundersen Health System · www.gundersenhealth.org
Sparta: 124 North Court Street, Sparta · 608-269-1588
Tomah: 601 North Superior Avenue #2, Tomah · 608-374-3853
Unity House for Men: 1918-1924 Miller Street, La Crosse · 608-775-4753
Unity House for Women: 1312 5th Avenue South, La Crosse · 608-775-4718 or 1-866-720-3784
Holistic Addiction Treatment Center: 1-800-559-9503
Mayo Clinic Health System Franciscan Healthcare Behavioral Health · www.mayoclinic.org
Sparta Campus: 310 West Main Street, Sparta · 608-269-4132
Villa Success: 121 South Prairie Street, Prairie du Chien · 608-326-8424 or 608-392-4436
Northeast Iowa Mental Health Center:
Alcohol and Related Problems Services Center: 905 Montgomery Street, Decorah, IA 52101 · 563-382-3649 or 1-800-400-8923
Viroqua Counseling and Health Center: 122 West South Street, Viroqua · 608-637-2511
St. Claire Hospital - Clarion Center (mental health services for older adults): 707 14th Street, Baraboo · 608-355-1805
St. Joseph’s Community Health Services: 400 Water Street, Hillsboro · 608-489-8000
Southwest Health Center - Senior Behavioral Sciences: 1185 North Elm Street, Platteville · 608-348-3656
Tomah VA Medical Center: 500 East Veterans Street, Tomah · 608-372-1758 or 1-800-872-8662
VA River Valley Integrated Health Center: 1525 Losey Boulevard South La Crosse · 608-787-6411
Vernon Memorial Healthcare (VMH): 507 South Main Street, Viroqua · 608-637-2101
Hirsch Clinic: 407 South Main Street, Viroqua · 608-637-3174
Vet Center: 20 Copeland Avenue, La Crosse · 608-782-4403

ADDITION RELATED RESOURCES

Great Rivers 2-1-1: Dial 2-1-1 or 1-800-362-8255
Coulee Council on Addictions: 608-784-4177
Holistic Addiction Treatment Center: 1-800-559-9503
Mayo Substance Abuse Crisis Line: 608-306-7981
National Council on Problem Gambling: 1-800-522-4700

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Northern Rivers Gambling Services: 1-800-522-4700
Substance Abuse and Mental Health National Hotline: 1-800-662-HELP (4357)
Wisconsin Substance Abuse Hotline: 1-866-211-3380
Wisconsin Council on Problem Gambling: 1-800-GAMBLE-5 or 1-800-426-2535
Wisconsin Tobacco Quitline: 1-800-QUIT-NOW

DROP-IN CENTERS
The Other Door: 1321 North Main Street, Viroqua · 608-637-7052 ext. 221
Partners in Empowerment (PIE): 1201 South 10th Street, La Crosse · 608-784-1141
Recovery Avenue (RAVE): 1806 State Street, La Crosse · 608-785-9615 or 608-787-1111

For support group information please contact Great Rivers 2-1-1
Dial 2-1-1 or 1-800-362-8255

TRANSPORTATION

NON-MEDICAL TRANSPORTATION
Aging and Disability Resource Center of Vernon County: 402 Courthouse Square, Viroqua · 608-637-5201 or 1-888-637-1323 · www.vernoncounty.org
    Vernon County Mini Bus · 608-637-5201
    Vernon County Volunteer Driver Program · 608-637-5201
Bethel Home - Home Safe Home Program: 614 South Rock, Viroqua · 608-637-2378
BrightStar: 1052 Oak Forest Drive, Suite 240, Onalaska · 608-519-4324
Caring Hearts Homecare and Transportation: 608-317-3657
Coulee Region RSVP Volunteer Driver: 608-785-0509 · www.rsvplax.org
Find-A-Ride: 1-888-300-9796 (Service for public 18+)
Running Transit Services: 318 West Decker Street, Viroqua · 608-637-8080; Westby · 608-634-4844
Scenic Mississippi Regional Transit (S.M.R.T. Bus) · 1-877-444-6543 for information
Also see Taxi Services in the Yellow Pages

MEDICAL TRANSPORTATION- NON EMERGENCY
**Abby Vans · 1-800-236-8438
**Access Medical Transit/Top Hat: 226 Hood Street, La Crosse · 608-782-4200 or 1-800-658-9054
Coulee Region RSVP Volunteer Driver: 608-785-0509 · www.rsvplax.org
Disabled American Veterans · 1-800-872-8662 ext. 66227
**Gundersen Health System Coulee Trails: 126½ West Jefferson Street, Viroqua · 608-637-8884 or 1-800-771-8884
Ho-Chunk Nation Division of Health and Social Services: N6520 Guy Road, Black River Falls · 715-284-9851 ext. 5329 or 5302
Mini-Bus Program: Operates Monday through Friday 8:30 AM to 4:30 PM; call the Aging and Disability Resource Center of Vernon County · 608-637-5201 or 1-888-637-1323 · www.vernoncounty.org
**MTM (only accepts Medical Assistance): 1-866-907-1493
**Running Transit Services: 318 West Decker Street, Viroqua · 608-637-8080 Westby · 608-634-4844 – Taxi Services for the Communities of Westby & Viroqua
Scenic Mississippi Regional Transit (S.M.R.T. bus) · 1-877-444-6543

**Denotes wheelchair accessible options**

Updated 11/25/2019
OTHER SUPPORTIVE SERVICES

Center for Veterans Issues: 414-345-4249
The Center: 7 Rivers LGBTQ Connection: 230 6th Avenue South, La Crosse · 608-784-0452
MakeTheConnection.net – Online resource to connect Veteran’s, their family members and friends, and other advocates. Learn about the signs of mental health conditions or substance use problems and find sources of support.

Vernon County Department of Human Services: 318 Fairlane Drive Viroqua, WI Adult Protective Services/Guardianships/Protective Placements 608-637-5210
Vernon County Veteran Service Office: 402 Courthouse Square, Viroqua · 608-637-5323
Veterans Outreach and Recovery Program: 1-800-WIS-VETS

VERNON COUNTY
EMERGENCY
CRISIS ASSISTANCE
24-HOUR HELPLINE
608-637-7007
OR
CALL 2-1-1
(Great Rivers 2-1-1)