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A note from the Unit Director:

The COVID-19 Pandemic has brought many changes to our lives in a very short time period. We want to thank you for rolling with the changes and continuing to support the programs through the ADRC.

Our senior nutrition program continues to provide meals for those in the community. Congregate sites remain closed and meals are served through a carry out meal or a home delivered meal. The question we continue to get is where do we go from here? Two of the most asked questions are will things remain status quo or will congregate sites open up. At this time, sites will continue to remain closed. Guidance from the Vernon County Health Department is for people to stay at home as much as possible and to minimize physical contact with anyone outside of your household. If you have contact with others it is recommended to maintain 6 feet of distance between yourself and others. We are unable to open up the sites at this time while complying with these recommendations. We are constantly re-evaluating the status of the congregate sites. Our responsibility is to provide a safe setting for those over the age of 60 to have a healthy meal and to have the opportunity to socialize with others. We will follow the guidelines of our Health Department and recommendations of the State. As changes happen, we will communicate the changes to our staff and the public. Please call me at any time if you have questions.

You may have noticed lately that your meal is not what was on the menu. Some of our caterers are having a hard time getting supplies and last-minute substitutions are needed. They are doing what they can to keep this to a minimum. Please be patient with them as they are doing the best they can.

We are open to hearing from you on ways that we can facilitate socialization in the time of social isolation. We would love to organize different online events for you. If you have ideas please let us know.

Our transportation program continues to be active. We are able to provide transportation for essential trips like medical appointments and grocery shopping. We have recently purchased a handicap accessible minivan. The rate for a trip will be \$5 for every 25 miles. Please call us if you would like to schedule a ride.

Our Dementia/Caregiver Support Specialist is here to work with those who are caring for their loved one. The pandemic brought limits in the assistance we can receive from others. If you are a caregiver and in need of additional supports please call our office and talk with Teresa.

I hope this note is finding you safe and healthy. Please do not hesitate to reach out to us if you have questions or have a need. We will do what we can to assist you.

Trish